

Name: _____ Today's Date: _____

Date of Birth: _____ Age: _____ Sex: Male / Female Phone #: _____

Home Address: _____

City: _____ State: _____ Zip: _____ Email address: _____

Emergency Contact Name: _____ Phone #: _____

Reason for visit? _____

Have you experienced acupuncture before? Yes No

How long have you had this condition? _____

What makes it better? _____

What makes it worse? _____

Personal Lifestyle Habits (How much or how often)

Cigarettes (packs) _____ Coffee/Tea _____ Alcohol (per day/week) _____

Marijuana _____ Other recreational drugs _____

Exercise _____

Medicines: Prescription drugs you are currently taking

1. _____ for _____
2. _____ for _____
3. _____ for _____
4. _____ for _____

Surgeries or Hospitalizations

Family History

	Mother	Father	Siblings	Grand Parents	Children
Diabetes					
Mental Illness					
Heart Disease					
Cancer/Tumors					
Stroke					
Allergies					

Infectious disease screening:

- ___ HIV risks: self or partner
- ___ TB: self or household

- ___ Hepatitis
- ___ History of Sexually transmitted disease

- ___ Herpes: oral / genital
- ___ Syphilis / Gonorrhea
- ___ Chlamydia

Please put a "C" if the condition is current or a "P" if you had it in the past

General

- Insomnia
- Dreams / nightmares
- Irritability
- Depression
- Mood swings
- Fatigue
- Poor Memory
- Strongly like cold drinks
- Strongly like hot drinks
- Recent weight loss/gain
- Cold hands & feet
- Chills
- Fever

Head & Neck

- Headaches
- Migraines
- Stiff neck
- Dizziness
- Fainting
- Swollen glands

Ears

- Ringing
- Hearing loss
- Infections
- Earache
- Hearing aids
- Vertigo

Eyes

- Glasses / Contacts
- Blurred Vision
- Poor Night Vision
- Spots or Floaters
- Eye Inflammation
- Double Vision
- Glaucoma / Cataracts

Nose, Throat, Mouth

- Sinus Infections
- Hay fever/allergies
- Frequent Colds
- TMJ
- Facial pain
- Thirst
- Dry mouth
- Loss of voice
- Excessive phlegm

- Difficulty swallowing

Skin

- Hives / Rashes
- Night sweating
- Dry skin
- Excessive sweating
- Easy Bruising
- Itchiness
- Eczema / Psoriasis

Respiratory

- Difficulty Breathing
- Difficulty to breath lying down
- Wheezing
- Asthma
- Wet cough
- Dry Cough
- Cough with phlegm
- Shortness of Breath
- Tight chest
- Pneumonia
- Diagnosed COVID 19

Cardiovascular

- High Blood Pressure
- Low blood pressure
- Chest pain or tightness
- Palpitations
- Irregular heartbeat
- Poor circulation
- Swollen ankles
- Phlebitis
- Anemia
- Heart attack / Stroke

Gastrointestinal

- Nausea/Vomiting
- Indigestion
- Stomach pain
- Constipation
- Diarrhea
- Poor Appetite
- Excessive hunger
- Laxative use
- Bloating
- Bad breath
- Acid reflux

- Bloody stools
- Mucus in Stools
- Hemorrhoids
- Gall Bladder removed
- Diabetic

Musculoskeletal

- Joint pain / Disorder
- Sore muscles
- weak Muscles
- Difficulty walking
- Neck / shoulder pain
- Upper back pain
- Lower Back pain
- Muscle stiffness
- Limited range of motion
- Other

Neurological

- Seizures
- Tremors
- Numbness or tingling
- Pain
- Paralysis
- Poor coordination

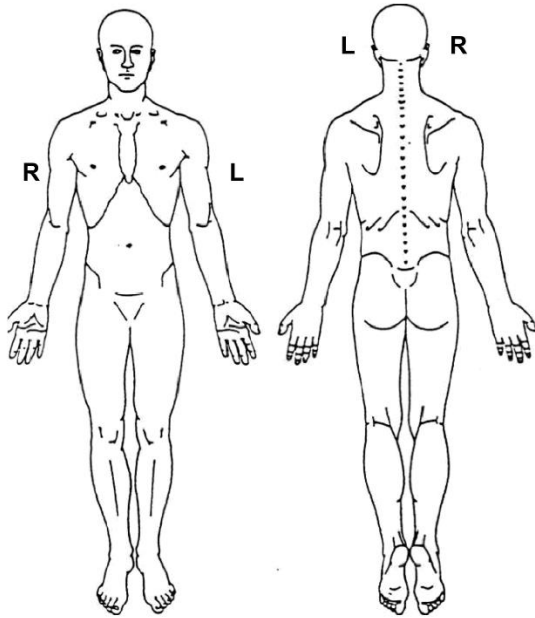
Genito-urinary

- Painful Urination
- Frequent Urination
- Urgent Urination
- Blood in Urine
- Unable to hold urine
- Incomplete urination
- Bed Wetting
- Wake to urinate
- Increased Libido
- Decreased Libido
- Kidney stones
- Impotence
- Premature Ejaculation
- Painful / itchy genitalia

Other:

Acupuncture Intake Form

Please mark on chart areas of concern:



Women Only: Menses

Length _____ Regularity _____

Symptoms associated with menstrual cycle

Number of Pregnancies _____ Number of Births _____ Number of Miscarriages _____

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For Physician Use Only
